



# President's Message



Dear Members,  
As the year draws to a close, I wanted to send a small greeting on behalf of your NLCPA executive. I am delighted to report the tremendous success of our recent conference. The turnout was fantastic, and the engaging presentations and discussions truly highlighted the commitment and expertise within our professional community. Thank you to everyone who participated, presented, and contributed to making it such an insightful and valuable event. The feedback we have received confirms the high relevance of these topics to our practice, and it was inspiring to see so many of you join us.

## WHAT'S IN THIS ISSUE:

- President's Address (1)
- Conference 2025 Highlights (2 - 7)
- Award Winners (8-9)
- Survey Results (10 - 12)
- Call for Future Newsletters (13)
- Branch Presidents (14)
- Provincial Executive (15)

I want to specifically commend our members for their flexibility and support surrounding the venue change. Despite this change, the conference proceeded seamlessly. Furthermore, the online attendance option proved to be incredibly successful, allowing a wider range of members across the province to participate and engage with the material. This hybrid model ensured maximum accessibility and reinforces our commitment to supporting all our members, regardless of their location

Finally, I extend our warmest holiday greetings and best wishes to you and your families. I hope you find time for rest, reflection, and joy as we transition into the new year. Thank you for your dedication, hard work, and valuable membership throughout the year. I look forward to connecting with you in 2026 for more professional development and collaboration.

Wishing you a safe and peaceful holiday season!

Sincerely,  
Holly



Follow us on [Facebook](#)  
NL Counsellors and Psychologists Association

Website  
<https://nlcpa.nlta.ca>

# Conference 2025 Highlights



Follow us on Facebook  
NL Counsellors and Psychologists Association

Website  
<https://nlcpa.nlta.ca>

# Conference 2025 Highlights



Follow us on Facebook  
NL Counsellors and Psychologists Association

Website  
<https://nlcpa.nlta.ca>

# Conference 2025 Highlights



Follow us on Facebook  
NL Counsellors and Psychologists Association

Website  
<https://nlcpa.nlta.ca>

# Conference 2025 Highlights



Follow us on Facebook  
NL Counsellors and Psychologists Association

Website  
<https://nlcpa.nlta.ca>

# Conference 2025 Highlights - Social



Follow us on Facebook  
NL Counsellors and Psychologists Association

Website  
<https://nlcpa.nlta.ca>

# Conference 2025 Highlights - Mixer



Follow us on Facebook  
NL Counsellors and Psychologists Association

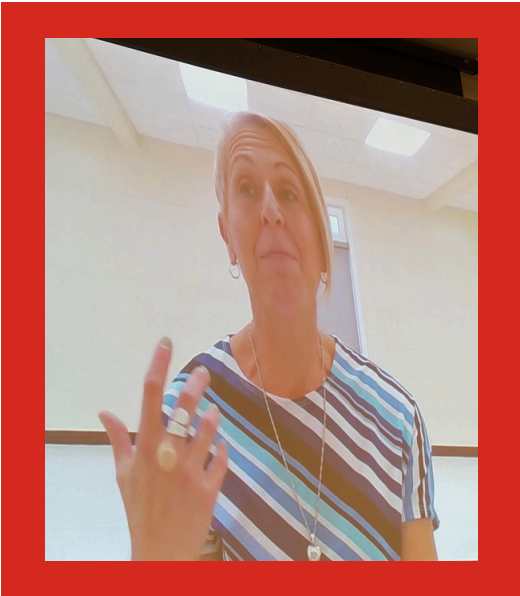
Website  
<https://nlcpa.nlta.ca>

# Awards Winners

## SCHOOL COUNSELLOR OF THE YEAR

### Ruby Penney

Ruby Penney is highly respected for over 25 years of exceptional dedication, professionalism, and innovative practice as a school counsellor serving several coastal communities within the South West Branch. She is known for travelling to remote schools, including “the high seas”, pioneering the use of technology to support students via distance and building strong school-community relationships. Ruby is deeply committed to student well-being, providing consistent, compassionate, and comprehensive support academically, socially, and emotionally. She is a trusted mentor to colleagues, a leader in inclusive school initiatives, and a driving force behind key student programs, events, and community partnerships. Ruby’s work has had a profound and lasting impact on students, staff, and the wider community, earning her a reputation as an exemplary counsellor and an irreplaceable advocate for youth.



## SCHOOL PSYCHOLOGIST OF THE YEAR

### Dayle Denney

Dayle Denney offers exceptional compassion, skill, and commitment to student well-being. She fosters a school culture centered on mental health, inclusivity, and growth while mentoring and supporting colleagues to enhance their professional development. Dayle is a strong advocate for equity, promoting culturally responsive practices and addressing systemic barriers to ensure all students feel seen and supported. Beyond her school, she serves on the NLCPA executive, championing the needs of school psychologists and counsellors across the province. Her dedication, leadership, advocacy, and vibrant personality make her an inspiring and highly deserving recipient of this award.



Follow us on [Facebook](#)  
NL Counsellors and Psychologists Association

Website  
<https://nlcpa.nlta.ca>

# Awards Winners

## LIFETIME ACHIEVEMENT

### Deanna Murphy

Deanna Murphy is recognized for our 15 years of dedicated service, including extensive leadership roles within the NLCPA such as membership coordinator and treasurer. Often she has served multiple roles simultaneously and despite stepping back from an official executive role, she continues to remain a committed support of the provincial executive and contributes her expertise and offering assistance and guidance as needed.

Her strong organizational skills, attention to detail, and willingness to support colleagues have greatly contributed to the association's success. Beyond her NLCPA involvement, Deanna brings 20 years of experience as a Certified Exercise Physiologist and has continued to grow in the mental health field since 2017. She engages in ongoing professional development, maintains a private counselling practice, and was recently elected as the Newfoundland and Labrador director for the Canadian Counselling and Psychotherapy Association. Known for her professionalism, compassion, and collaborative spirit, Deanna embodies excellence in her field and is highly deserving of this honour.



## Dr. Ron Martin Memorial Scholarship

### Kristian Butt

Kristian Butt is currently completing her final-year as a Master's student in Counselling Psychology at Memorial University. She has demonstrated exceptional dedication to student well-being and social-emotional health. She has professional experience as an educator, incorporating restorative practices, and as a Social Enterprise Coordinator engaging at-risk youth. Her extensive volunteer work—including roles as GSA and Student Council sponsor, choir and band director, basketball coach, and Kids Help Phone crisis responder—highlights her commitment to supporting students and fostering inclusive school communities. Kristian's leadership, empathy, and dedication make her an outstanding candidate for the scholarship and a future exemplary school counsellor.



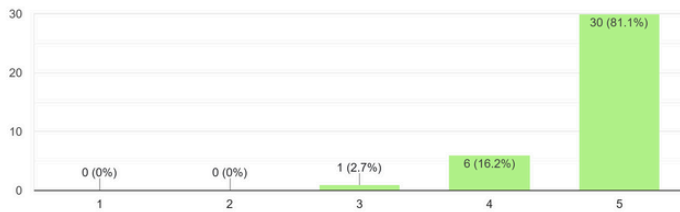
Follow us on [Facebook](#)  
NL Counsellors and Psychologists Association

Website  
<https://nlcpa.nlta.ca>

# Survey Results

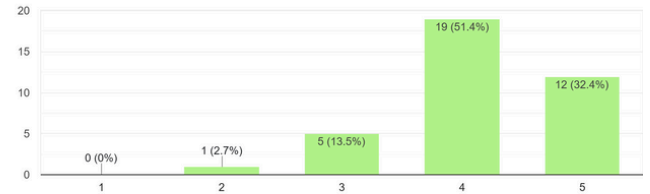
## Pre-Conference Harm Reduction

How satisfied were you with the quality of the session? 1 being unsatisfied and 5 being very satisfied  
37 responses

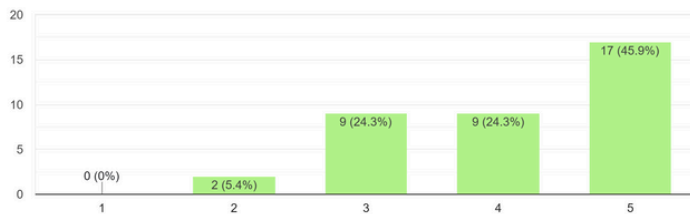


## Pre-Conference Learning Disabilities Association NL

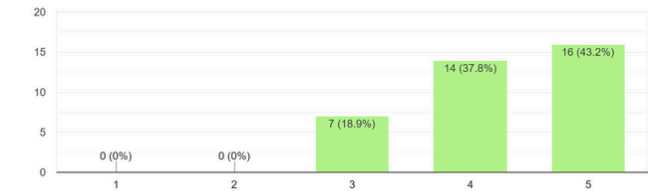
How satisfied were you with the quality of the session? 1 being unsatisfied and 5 being very satisfied  
37 responses



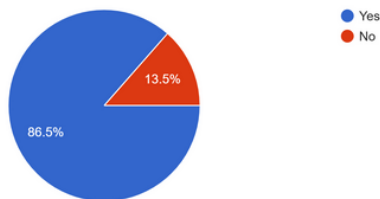
How useful was the session in your day to day work with students/clients? 1 being not useful and 5 being very useful  
37 responses



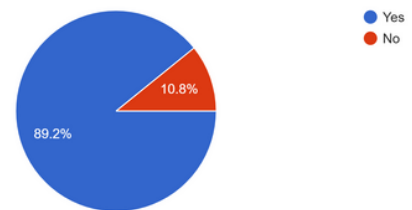
How useful was the session in your day to day work with students/clients? 1 being not useful and 5 being very useful  
37 responses



Did you have an opportunity and place to ask questions and participate?  
37 responses



Did you have an opportunity and place to ask questions and participate?  
37 responses



Follow us on Facebook  
NL Counsellors and Psychologists Association

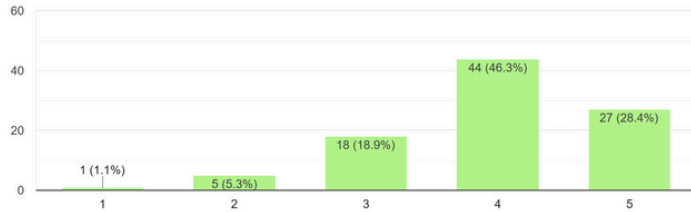
Website  
<https://nlcpa.nlta.ca>

# Survey Results

## Conference: ADHD - A Deeper Dive

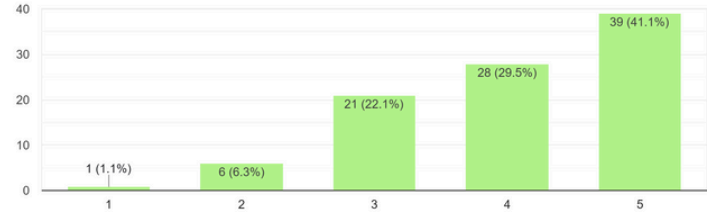
How satisfied were you with the quality of the professional learning delivered by the Dr. Smith? 1 being unsatisfied and 5 being very satisfied

95 responses



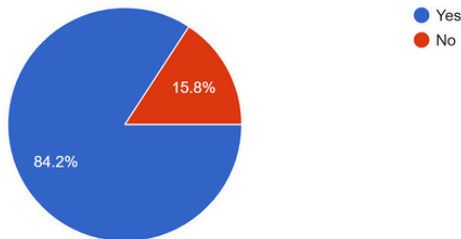
How useful was the event in your day to day work with students/clients? 1 being not useful and 5 being very useful

95 responses



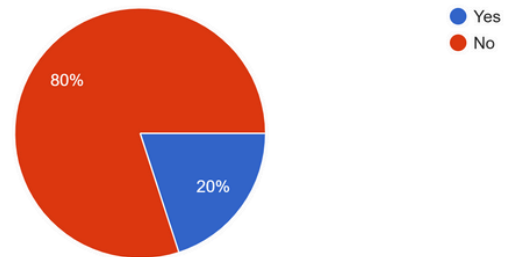
Did you have an opportunity and place to ask questions and participate?

95 responses



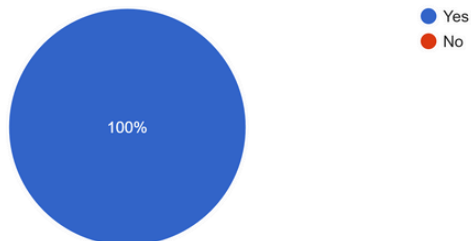
Did you use the live streaming for this conference?

95 responses



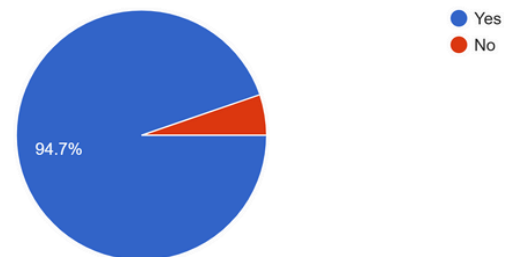
Did you enjoy the livestream option?

19 responses



Would you use the livestream option again in the future?

19 responses



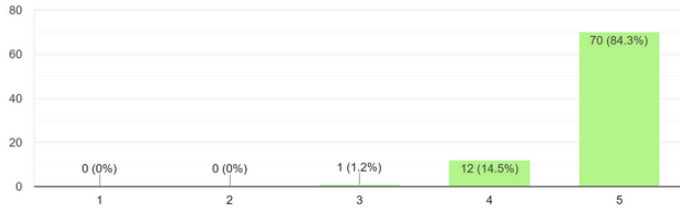
Follow us on Facebook  
NL Counsellors and Psychologists Association

Website  
<https://nlcpa.nlta.ca>

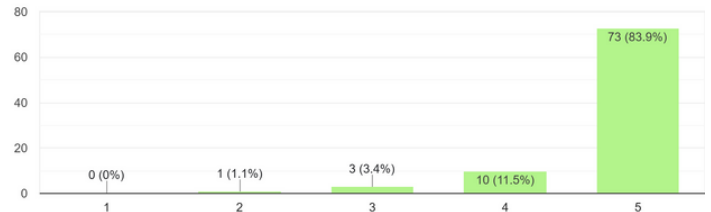
# Survey Results

## Conference: ADHD - A Deeper Dive

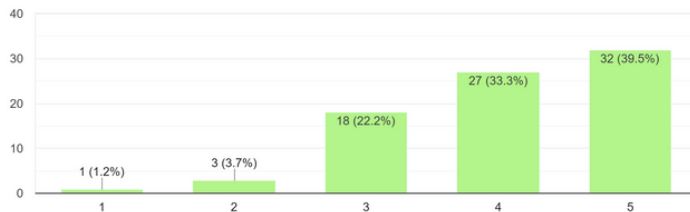
On a scale of 1 - 5 stars how would you rate the parking for this event?  
83 responses



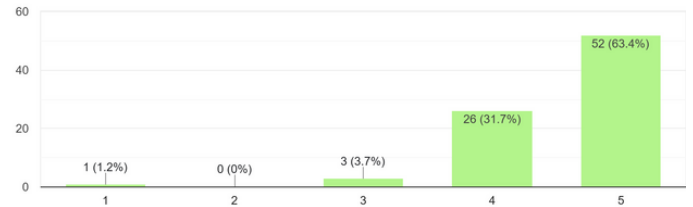
On a scale of 1 - 5 stars how would you rate the accessibility for this event?  
87 responses



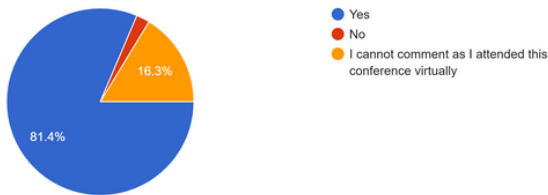
On a scale of 1 - 5 stars how would you rate the food for this event?  
81 responses



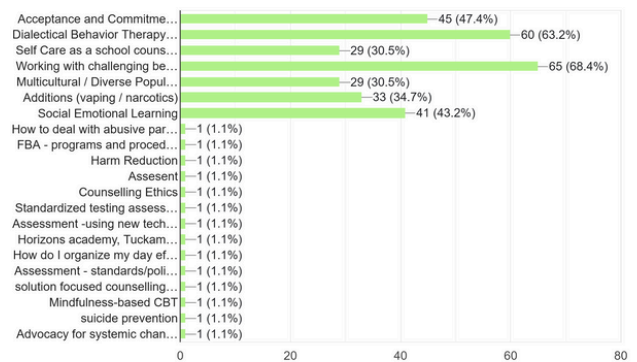
On a scale of 1 - 5 stars overall, how would you rate the venue for this event?  
82 responses



Did you prefer the Holiday Inn venue to a previous NLCPA conference venue?  
86 responses



What topics would you want to see more of at future events? Please choose all you're interested in learning about.  
95 responses



Follow us on Facebook  
NL Counsellors and Psychologists Association

Website  
<https://nlcpa.nlta.ca>

**GREAT  
BULLETIN  
BOARD  
IDEA**

**NEW  
PROGRAM  
IDEA**

**GREAT NEW  
TEMPLATE**

**WE  
NEED  
YOU!**

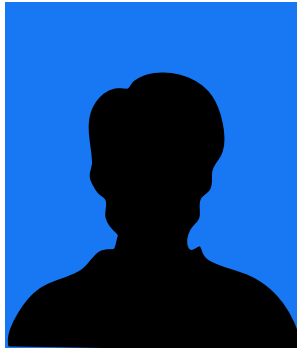


**NLCPA wants to hear from you this year! We want to share with each other what great things are happening with our counsellors and psychologists in our schools and in this province. Please tell us what is going on in your schools and practices. Share with us any pictures that you have so we can celebrate and get great ideas from each other.**

# Branch Presidents



**VALERIE HART**  
**Labrador Branch**  
School Counsellor  
Mealy Mountain Collegiate  
Happy Valley - Goose Bay  
Email: valeriehart@nlschools.ca



**VACANT**  
**NorthWest Branch**



**KRYSTAL LEE HANN**  
**SouthWest Branch**  
School Counsellor  
Stephenville Primary and  
Stephenville Elementary Schools  
Stephenville  
Email: krystallehann1@nlschools.ca



**GAIL JARVIS**  
**Central Branch**  
School Counsellor  
Woodland Primary, Grand Falls Windsor  
Lakeside Academy, Buchans  
Avoca Collegiate, Badger  
Email: gailjarvis@nlschools.ca



**LINDSEY POWER**  
**Burin Vista Branch**  
School Counsellor  
Sacred Heart Academy  
Marystown  
Email: lindseypower@nlschools.ca



**ANDREA HOLLETT**  
**Avalon West Branch**  
School Counsellor  
Holy Redeemer Elementary  
Spaniard's Bay  
Email: andreahollett@nlschools.ca



**TRACY REARDON**  
**Avalon East Branch**  
Special Services Department Head  
Villanova Junior High  
Conception Bay South  
Email: tracyreardon@nlschools.ca



Follow us on [Facebook](#)  
NL Counsellors and Psychologists Association

Website  
<https://nlcpa.nlta.ca>

# Provincial Executive



**HOLLY HEALEY**  
**PRESIDENT**  
School Counsellor  
Holy Cross Elementary School  
Holyrood  
Email: hollyhealey@nlschools.ca



**JEFF CHARD**  
**VICE PRESIDENT**  
School Counsellor  
Crescent Collegiate  
South Dildo  
Email: jeffreychard@nlschools.ca



**DEANNE MURRAY**  
**SECRETARY**  
School Counsellor  
Villanova Junior High  
Conception Bay South  
Email: deannemurray@nlschools.ca



**KERRI-LYNN MORGAN**  
**TREASURER**  
School Counsellor  
Amalgamated Academy  
Bay Roberts  
Email: kerrilynnmorgan@nlschools.ca



**MAGGIE WARREN**  
**MEMBERSHIP COORDINATOR**  
School Counsellor  
Carbonear Academy  
Carbonear  
Email: marymargaretwarren@nlschools.ca



**DEANNA MILES**  
**COMMUNICATIONS OFFICER**  
School Counsellor  
St. Peter's Junior High School  
Mount Pearl  
Email: deannamiles@nlschools.ca



**DAYLE DENNEY**  
**SCHOOL PSYCHOLOGY REP**  
School Psychologist  
Holy Redeemer Elementary  
Spanards Bay  
Email: dayledenney@nlschools.ca



Follow us on [Facebook](#)  
NL Counsellors and Psychologists Association

Website  
<https://nlcpa.nlta.ca>