

Conference Agenda Capital Hotel St. John's, NL

Pre-conference: Wednesday, October 23 – Capital Hotel

12:00 pm – 1:00 pm	Registration
1:00 pm – 1:15 pm	Conference Welcome
1:15 pm – 2:30 pm	Laurie Pinhorn "Restorative Self-Care for Trauma-Informed Counsellors: Self-Care Practices to Optimize Therapeutic Relationships"
2:30 pm – 2:45 pm	<i>Nutrition Break</i>
2:45 pm – 4:30 pm	Self Care Practices , Continued
5:00 PM	Meet and Greet (Hosted by your Provincial Executive) Safe Harbour Lounge

Conference Day 1: Thursday, October 24 – Capital Hotel

8:00 am – 8:45 am	Registration
8:45 am – 9:45 am	Opening Ceremonies
10:15 am – 10:45 am	<i>Nutrition Break</i> New Counsellors' Welcome - Board Room
10:45 am – 12:00 pm	Trauma Informed Clinical Care Lori Gill
12:00 pm – 1:30 pm	<i>Lunch</i> NLCPA Annual General Meeting (NLCPA members only. Complimentary Lunch.)
1:30 pm – 2:45 pm	Trauma Informed Clinical Care , Continued
2:45 pm - 3:00 pm	<i>Nutrition Break</i>
3:00 pm – 4:15 pm	Trauma Informed Clinical Care , Continued
7:30 pm	NLCPA Social and Mixer -- Trivia Night @ Fionn MacCool's

Conference-at-a-Glance Capital Hotel St. John's, NL

Conference Day 2: Friday, October 25 – Capital Hotel

8:45 am – 9:00 am	Welcome
9:00 am – 10:15 am	Trauma Informed Clinical Care , Continued
10:15 pm – 10:45 pm	<i>Nutrition Break</i> sponsored by Johnson's Insurance
10:45 am – 12:00 pm	Trauma Informed Clinical Care , Continued
12:00 pm – 1:15 pm	<i>Lunch</i> (on your own)
1:15 pm – 2:15 pm	Trauma Informed Clinical Care , Continued
2:15 pm – 3:30 pm	Awards Presentations
3:30 pm – 3:45 pm	Closing and Evaluation