

# Conference Agenda

## Capital Hotel, St. John's, NL

### Wednesday, October 21

8:00 a.m. – 11:45 a.m.	Branch President's Meetings
12:00 p.m. – 1:00 p.m.	<b>Registration</b>
1:00 p.m. – 2:30 p.m.	<b>Pre-Conference Session</b> Judy Furlong-Mallard <i>A Practical Application of the DSM-5 in Diagnosing Specific Learning Disorder and Intellectual Disability</i>
2:30 p.m. – 2:45 p.m.	Nutrition Break
2:45 p.m. – 4:00 p.m.	<b>Conversation Café</b> <i>Participants engage in 5 consecutive roundtable info sessions</i>
4:00 p.m.	<b>Wine &amp; Cheese/Early Registration</b> (Safe Harbour Lounge, Capital Hotel – open to all conference participants)

### Thursday, October 22

8:00 a.m. – 8:45 a.m.	<b>Registration</b> <input type="checkbox"/> Sign up for AGM lunch (Thursday, Salon A, B, C) <input type="checkbox"/> Sign up for Social and Mixer
8:45 a.m. – 9:30 a.m.	<b>Opening Ceremonies/Greetings/Welcome</b>
9:30 a.m. – 10:15 a.m.	Mark Gruchy – Chair, Canadian Mental Health Association, NL Chapter
10:15 a.m. – 10:45 a.m.	Nutrition Break
10:45 a.m. – 12:00 p.m.	<b>Keynote Address</b> Dr. Danie Beaulieu <i>Building Your Emotional Intelligence</i>
12:00 p.m. – 1:30 p.m.	Lunch <b>NLCPA Annual General Meeting</b> (NLCPA members only. Complimentary Lunch)
1:30 p.m. – 3:00 p.m.	Dr. Danie Beaulieu <i>Impact Techniques to Improve the First Dimension of Emotional Intelligence: <b>Self-awareness</b></i>
3:00 p.m. – 3:15 p.m.	Nutrition Break
3:15 p.m. – 4:00 p.m.	Dr. Danie Beaulieu <i>Impact Techniques to Improve the Second Dimension of Emotional Intelligence: <b>Self-control</b></i>
7:00 p.m.	<b>NLCPA Social &amp; Mixer</b> Dinner @ The Merchant Tavern (Cost: \$40) Drinks & Dancing @ Martini Bar (free cover & NLCPA specials)

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### Friday, October 23

8:45 a.m. – 10:00 a.m.	<b>Dr. Danie Beaulieu</b> <i>Impact Techniques to Improve the Third Dimension of Emotional Intelligence: <b>Auto-motivation</b></i>
10:00 a.m. – 10:30 a.m.	Nutrition Break
10:30 a.m. – 12:00 p.m.	Dr. Danie Beaulieu <i>Impact Techniques to Improve the Fourth Dimension of Emotional Intelligence: <b>Empathy</b></i>
12:00 p.m. – 1:15 p.m.	Lunch (on your own)
1:20 p.m. – 2:30 p.m.	Dr. Danie Beaulieu <i>Impact Techniques to Improve the Fifth Dimension of Emotional Intelligence: <b>Social Skills</b></i>
2:30 p.m. – 3:30 p.m.	Carl George, Wolf of Wellness
3:30 p.m. – 3:45 p.m.	Closing

"Every child deserves a

**champion -**

an **adult**

who will never give up on them,  
who understands the **power**  
of connection,

and insists that they become the  
**best** they can possibly be."

~ **Rita Pierson**